

## HOLY MASS

**Sunday, March 22, 2015**  
**5<sup>TH</sup> Sunday of Lent**

READINGS: Jeremiah 31.31-34 Psalm: 51  
 Hebrews 5.7-9 Gospel: John 12.20-33

**Saturday, March 21 - 4:00pm**

Offered for: JoAnn King – 2<sup>nd</sup> Anniversary  
 Requested by the Family.

**Sunday, March 22 - 10:00am**

Offered for: Charlotte Oakes – 22<sup>nd</sup> Anniversary  
 Requested by the Family.

**Monday, March 23, 2015 – 5 pm**

Penance Service (in Church)

**No Weekday Masses: March 24, 25, 26 & 27, 2015**

**Saturday, March 28 - 4:00pm**

Offered for: Steven Craig 'Pete' Mitchell – 1<sup>st</sup> Anniversary  
 Requested by wife, Dawn and Children and Grandchildren.

**Sunday, March 29 - 10:00am**

Offered for: Helen Cole – Memorial Mass  
 Requested by Dr. Danielle Dubuc & Staff.

### The Sacrament of Reconciliation (Penance)

Saturday (Mar. 21) at 3:00 pm.  
 Sunday (Mar. 22) after 10:00 am Mass.

### The Sacrament of the Anointing of the Sick

During Mass on Saturday, March 21st, and during Mass on Sunday, March 22nd.

### A MESSAGE TO PARENTS

Please bring your children to St. Regis Church for the Communal Penance Service on Monday, March 23, at 5:00 P.M. There are some children who have never received the Sacrament of Reconciliation since they made their First Confession. In these days, youth are troubled with so many evils such as drugs, alcohol, bullying, lack of respect for life, dishonesty, neglect of Sunday Mass and daily Prayer. Help them to turn to Jesus in the Sacrament of Penance for mercy and forgiveness.

### God's Children in the Sacrament of Baptism

Next Baptism seminar will be **Thursday, April 16, 2015 at 4:00 pm** in the Rectory. Please complete an application and provide a copy of the child's Birth Certificate in order to attend the seminar.

## PARISH MEETINGS

Parish Council	March 23 <sup>rd</sup>	6:30 pm @ K.H.
Finance Council	March 21 <sup>st</sup>	9:30 am @ K.H.
Faith Ministry	April 1	5:30 pm @ K.H.
Liturgical Ministry	April 1	5:30 pm @ K.H.
Youth Ministry	To be announced.	
Communications	To be announced.	
Maintenance Committee	To be announced.	
Out Reach Ministry -FB	To be announced.	
Music/choir Ministry	To be announced.	
Fundraising Committee	To be announced.	

**From the week of March 15, 2015**  
**US \$458.85 CA \$448.35**

### THE SACRAMENT OF ANOINTING OF THE SICK -- MARCH 21-22

This weekend during the Saturday 4 P.M. Mass and the Sunday 10:00 A.M. Mass, Father Jack Downs will give the Sacrament of the Anointing to those in need of healing from physical, emotional, and spiritual distress.

After the homily and prayers for the sick, Father Jack will stand in the center aisle near the sanctuary. Those who desire to receive the Anointing of the Sick, will walk up the center aisle to the Communion Station to receive the sacrament. Father will anoint your forehead and the palms of your hands. You will answer "AMEN" to the prayer he says over you.

*After anointing those who were able to proceed to the Communion Station, Father will go to the back of the Church to give the Sacrament of the Anointing to those in wheelchairs, and others who could not walk up the aisle. Such disabled persons are asked to sit on the outside of the pew and raise your hand to indicate to Father that you wish to be anointed.*

**Reminder:** The Sacrament of the Anointing of the Sick is one of the Seven Sacraments instituted by Jesus Christ to bring special graces to us. The Sacrament of Baptism that removes Original Sin and makes us Children of God is the first of the Sacraments and is necessary before a person can receive any of the other Sacraments. **Who may receive the Anointing of the Sick?** The elderly are especially in need of grace as they cope with the weakness and pain of old age. A baptized Catholic of any age who suffers from chronic illness such as diabetes, MS, cancer, heart and lung problems, strokes, arthritis, emotional stress, addictions, and any other disease may be anointed. Children who suffer from syndromes, crippling diseases, juvenile diabetes, asthma and other serious health problems also may be anointed.

## The Lord's Prayer

Ta kwa ien ha, ne, ka ron hia ke, te si te ron, a ie sa sen na ien, a ie sa wen ni ios ta ke, a ie sa wen na ra kwa ke, non wen tsia ke, tsi ni iot, ne, ka ron hia ke, kie sa wen na rak wa. Ta kwa nont, ne, ken wen te, ia kion he kon, nia te wen ni se re ke, sa sa ni konr hen, ni on kwa ri wa ne ren, tsi ni iot, ni, i, tsi on kwa ni konr hens. O the non, ion ki ni konh rak sa ton, non kwe; to sa, a ion kwa sen ni, ne ka ri wa ne ren, ak we kon, e ren, sa wit, nio tak sens. NE NE KA NA KE RAH TSHE RA, NE NE KA SATS TENH SE RA, KA IA TA NE HRA KWAH TSHE RA. SA WEN'K NON:WA NOK TSI NEN:WE – E THO E THO NA IA WEN.

## 5<sup>TH</sup> Sunday of Lent

I WAS RECENTLY asked by my employer to fill in a lengthy security compliance questionnaire. I hemmed and hawed, procrastinated and clung mentally to a flimsy justification for not following the directive before finally fulfilling the request. Shirking responsibility and looking for the easy way out may be human nature but it's not Jesus' way. In today's Gospel, Jesus battles a troubled soul, even raising the possibility of asking the Father to save him from death on the cross. But Jesus does not give that possibility a real hearing. Instead, he quickly concludes that such an undignified death is the reason for his time on Earth. He was sent here to glorify God. This message can help us get past our inclination to forgo fasting, prayer and charity because they're inconvenient, beyond our comfort zone or downright painful. Jesus talks about the grain of wheat that must die to bear fruit. We grapple with that message every day. Jesus is telling us to die to ourselves, to let go of our lives in this world so that we can live for God. Only then can we keep our lives for eternity. Lent can be a prime opportunity to shed the comfortable cloak of doing everything for ourselves and instead don the unkempt mantle of doing things for God.

*Frank Campbell, Enfield, NS.*

"The special grace of the sacrament of the Anointing of the Sick has as its effects: the uniting of the sick person to the Passion of Christ, for his own good and that of the whole Church; the strengthening, peace, and courage to endure in a Christian manner the sufferings of illness or old age; the forgiveness of sins, if the sick person was not able to obtain it through the Sacrament of Penance; the restoration of health, if it is conducive to the salvation of his soul; the preparation for passing over to eternal life."

*(Catechism of the Catholic Church #1532)*

### MARCH 25 - FEAST OF THE ANNUNCIATION

The Feast of the Annunciation is one of the most important in the Church calendar. It marks the crowning of our salvation and the revelation of the mystery before all ages. The Son of God becomes the son of the Virgin Mary and the Archangel Gabriel proclaims the grace. "Hail, highly favored one, the Lord is with thee." Mary humbly responds: "Be it done unto me, according to your word." Let us cry out with Gabriel, "Hail Mary, full of grace, the Lord is with thee!"

We beg the Virgin Mary to intercede for all the sick commended to our prayers -- those in hospitals and nursing homes, those who are elderly and in pain, those undergoing surgery, chemotherapy, dialysis, and chronic treatments. We pray especially for Alex Arquette, Mary Jackson, Mike Smoke, John Bigtree, Lila Caldwell, Eva Seymour, Debbie Bero, Danny Bero, Laurie Connors, Anne Terrance, Sandra Terrance, Cecilia Conlin, and Cindy Cree.

*Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.*

## IMPORTANT REMINDER

Father Jack Downs, with the assistance of two other priests from the Diocese of Ogdensburg, will conduct a COMMUNAL PENANCE Service on Monday evening, March 23, at 5:00 P.M.

There will be a Prayer Service with readings from Scripture and hymns. Then the priests will hear individual confessions. One priest will be in the Confessional; one will be in the Sacristy; and one will be in the front of the Church near the tabernacle, convenient for persons who have difficulty kneeling.

This will be a great opportunity for all our parishioners to receive the Sacrament of Penance and Reconciliation during Lent in preparation for a Blessed Easter. Invite your friends who may have been away from the sacraments to come and experience the peace and joy, mercy of Christ, in the Sacrament of Reconciliation.

**COME HOME FOR EASTER!**